

Two Cable Cowl

The super bulky yarn makes it a quick knit while the two cables – one in front and one in back - add visual interest without being too complex.

The cowl comes in one size with a 20" circumference and is about 10.5" long. This is a good width without being too tight or too loose; important during Minnesota winters!

Hope you enjoy this pattern and happy knitting!

YARN

1 skein Zumie by Hikoo (110 yards/200 g skein; 50% acrylic, 30% wool, 20% nylon)

NEEDLES

US 15 (10mm) 16" circulars or DPNs. Longer circulars may be used for magic loop method. Adjust needle size to obtain gauge.

NOTIONS

1 stitch marker, cable needle, tapestry needle

GAUGE

2 stitches per inch

SIZE (FINISHED DIMENSIONS)

Teen or Adult size (20 inch circumference; 10.5 inches long)

SKILL

Advanced beginner/intermediate



INSTRUCTIONS

Cast on 52 stitches using long tail method.

Place marker at start of the round. Be careful not to twist work.

Row 1: k7, p2, k8, p2, k14, p2, k8, p2, k7

Row 2-3: Repeat Row 1

Row 4: k7, p2, c8f, p2, k14, p2, c8f, p2, k7 (this row creates our twist in the cable)

Rows 5-11: Repeat Row 1

Row 12: Repeat Row 4

Rows 13-19: Repeat Row 1

Row 20: Repeat Row 4

Rows 21-27: Repeat Row 1

Row 28: Repeat Row 4

Rows 29-31: Repeat Row 1

Remove marker, cast off loosely and weave in ends with tapestry needle.

ABBREVIATIONS

k knit

p purl

c8f cable 8 front; slip first four stitches from left needle onto cable needle and hold in front of your knitting. Knit the next four stitches from left needle. Slide the four stitches on the cable needle back to the left needle, then knit.*

* this creates a cable that leans to the left

Excellent link on knitting cables:

<http://www.knitty.com/ISSUEwinter07/FEATwin07TT.html>



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