

# Cinched Cable Headband



**Hook size:** 5.5mm (go up a size if you crochet tightly, cables need to be loose to look raised)

**Yarn type:** a soft worsted weight yarn (4-medium)

**Recommended yarns:** Bernat Satin, Knit Picks Brava Worsted, Everyday Purl Essence

**Gauge:** ch 15, starting in 4<sup>th</sup> chain from hook dc 12. (turn, Ch 2, dc 12)x2. This swatch should be 4 inches wide by 2 inches tall

## Notes

This Pattern is written with minimal wording for easier reading. If you see "FPdc 3" assume that means Front Post double crochet once in each of the next 3 stitches. If the sequence is not 1-for-1 stitching, it will be written out. Example: "2 dc in next stitch".

There are two versions of the pattern. The First has a longer (5 row) cable, and the second has a shorter (3 row) cable.

### Special stitches

Note: this pattern uses U.S. stitch terminology

bpdc= back post double crochet

fpdc= front post double crochet

fptr= front post triple crochet

dc2tog= double crochet 2 stitches together

### Large Cable Pattern



Ch 17

**Row 1** (Right side): dc in 4<sup>th</sup> ch from hook (first ch 3 counts as dc). Dc across, turn. [15 dc]

**Row 2** (Wrong Side): ch 2 (counts as first dc stitch here and rest of pattern), bpdc around second stitch, dc 2, bpdc 3, dc 1, bpdc 3, dc 2, bpdc 1, dc 1, turn.

**Row 3:** This step makes the cable cross. Ch 2, fpdc, dc 2, skip next 4 sts, fptr in next 3 sts. Working behind last 3 sts, dc in middle dc (4<sup>th</sup> skipped stitch). Working in front of last 4 stitches, fptr in the 3 skipped stitches. Dc 2, fpdc 1, dc 1, turn.

**Row4:** ch 2, bpdc around second stitch, dc 2, bpdc 3, dc 1, bpdc 3, dc 2, bpdc 1, dc 1, turn.

**Row 5:** ch 2, fpdc around second stitch, dc 2, fpdc 3, dc 1, fpdc 3, dc 2, fpdc 1, dc 1, turn.

**Row 6:** repeat row 4

**Row 7:** repeat row 5

**Row 8:** repeat row 4

**Rows 9-14:** repeat rows 3-8.

**Row 15:** repeat row 3.

**Row 16:** repeat row 4.

**Row 17:** repeat row 5.

**Row 18:** ch 2, bpdC around second stitch, dc2tog, bpdC 3, dc 1, bpdC 3, dc2tog, bpdC 1, dc 1, turn.

**Row 19:** ch 2, fpdc around second stitch, skip next dc stitch, fpdc 3, dc 1, fpdc 3, skip next dc stitch, fpdc 1, dc 1, turn.

**Row 20:** ch 2, bpdC around next 2 stitches, bpdC 2, dc 1, bpdC2, bpdC around next 2 stitches, dc 1, turn.

**Row 21:** ch 1, skip next 4 stitches, fptr in next 3 sts, working behind last 3 sts, dc in middle dc (4<sup>th</sup> skipped stitch). Working in front of last 4 stitches, fptr in each of the 3 the skipped stitches, sc in last ch st, turn.

**Row 22:** ch 2, bpdC 3, dc 1, bpdC 3, dc 1, turn

**Row 23:** ch 2, fpdc twice around next bpdC, fpdc 2, dc 1, fpdc 2, fpdc twice around next bpdC, dc 1, turn

**Row 24:** ch 2, bpdC 1, dc in between last and next st, bpdC 3, dc 1, bpdC 3, dc in between last and next st, bpdC 1, dc 1, turn.

**Row 25:** ch 2, fpdc 1, dc 2 in next st, fpdc 3, dc 1, fpdc 3, dc 2 in next st, fpdc 1, dc 1, turn.

**Row 26:** ch 2, bpdC 1, dc 2, bpdC 3, dc 1, bpdC 3, dc 2, bpdC 1, dc 1, turn.

**Rows 27 and on:** repeat rows 3-8 until band is at desired length.

36 rows should fit a size 21" head.

Slip stitch the ends together to make a band, bind off, weave in ends, and you're done!





### Smaller Cable Pattern



Ch 14+3

**Row 1** (Right side): dc in 4<sup>th</sup> ch from hook (first ch 3 counts as dc). Dc across, turn. [14 dc]

**Row 2** (Wrong Side): ch 2 (counts as first dc stitch), bpdC around second stitch, dc 2, bpdC 3, dc 1, bpdC 3, dc 2, bpdC 1, dc 1, turn.

**Row 3:** This step makes the cable cross. Ch 2, fpdc, dc 2, skip next 4 sts, fptr in next 3 sts. Working behind last 3 sts, dc in middle dc (4<sup>th</sup> skipped stitch). Working in front of last 4 stitches, fptr in the 3 skipped stitches. Dc 2, fpdc 1, dc 1, turn.

**Row 4:** ch 2 (counts as first dc stitch), bpdC around second stitch, dc 2, bpdC 3, dc 1, bpdC 3, dc 2, bpdC 1, dc 1, turn.

**Row 5:** ch 2 (counts as first dc stitch), fpdc around second stitch, dc 2, fpdc 3, dc 1, fpdc 3, dc 2, fpdc 1, dc 1, turn.

**Row 6:** repeat row 4

**Rows 7-14:** repeat rows 3-6 twice.

**Row 15:** repeat row 3

**Row 16:** ch 2, bpdC around second stitch, dc2tog, bpdC 3, dc 1, bpdC 3, dc2tog, bpdC 1, dc 1, turn.

**Row 17:** ch 2, fpdc around second stitch, skip next dc stitch, fpdc 3, dc 1, fpdc 3, skip next dc stitch, fpdc 1, dc 1, turn.

**Row 18:** ch 2, bpdC around next 2 stitches, bpdC 2, dc 1, bpdC 2, bpdC around next 2 stitches, dc 1, turn.

**Row 19:** ch 1, skip next 4 stitches, fptr in next 3 sts, working behind last 3 sts, dc in middle dc (4<sup>th</sup> skipped stitch). Working in front of last 4 stitches, fptr in each of the 3 the skipped stitches, sc in last ch st, turn.

**Row 20:** ch 2, bpdcc 3, dc 1, bpdcc 3, dc 1, turn.

**Row 21:** ch 2, fpdc twice around next bpdcc, fpdc 2, dc 1, fpdc 2, fpdc twice around next bpdcc, dc 1, turn

**Row 22:** ch 2, bpdcc 1, dc in between last and next st, bpdcc 3, dc 1, bpdcc 3, dc in between last and next st, bpdcc 1, dc 1, turn.

**Row 23:** ch 2, fpdc 1, 2 dc in next st, skip next 4 stitches, fptr in next 3 sts, working behind last 3 sts, dc in middle dc (4<sup>th</sup> skipped stitch). Working in front of last 4 stitches, fptr in each of the 3 the skipped stitches, 2 dc in next st, fpdc 1, dc 1, turn.

**Row 26:** repeat row 4

**Row 27:** repeat row 5

**Row 28:** repeat row 4

**Rows 29 and on:** repeat rows 3-6 until the headband is at desired length.

Slip stitch the ends together to make a band, bind off, weave in ends, and you're done!

