KS

KNIT SISTER

ALEN SHELL

by Jessie Roselyn

Inspired by the Art Deco architecture of William Van Alen,
the designer of the Chrysler building, the Alen Shell is a
simple and elegant knit perfect for all seasons.

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Finished measurements

36 (38,40, 44, 48) bust circumference shown in size 38 with 4 inches of ease. Intended ease: 2-4"

Yarn

2 (3,3,4,4,5) Skein Cashmere Squeeze by Palouse Yarn Company in Crystal Skull
(75% Merino wool, 15% Cashmere, 10% Silk; 400yd [366m]/113g)

Needles

One pair size US 5 [3.75 mm] 24" and 32" circular needles
Set of US 5 [3.75 mm] double pointed needles

Notions

Tapestry needle
Stitch markers
Stitch holders or waste yarn
Cable Needle

Gauge

26.6 sts x 36 rows = 4" x 4" in stockinette stitch

Notes

1. This shell is intended to be worn with positive ease around the bust and waist, it is knitted bottom up in the round to the armscye then separated to front and back, with the sleeve and collar trim picked up and worked in the round.
2. The eyelet detail is worked in a way that will make it wrap around to the backside of the shell. You will find that once the yarn over is worked to the beginning round stitch marker, you will be working the detail as if the beginning of the round is moved with the eyelet.

Special Techniques

Folded Stitch (used for hem & trims)

*Use the tip of the right needle to pick up the purl bump four rounds directly below next stitch. Place it on left needle, knit the next stitch and the picked-up stitch together, repeat from * to end of round.

Short Rowing with Wrapped Stitches

On RS: Knit to the turning point in the row. Keeping the yarn in back, slip the next stitch purlwise from the left needle to the right needle. Move the yarn to the front. Slip the stitch back from the right needle to the left needle. Move the yarn to the back. Turn and continue

On WS: Purl to the turning point in the row. Keeping the yarn in front, slip the next stitch purlwise from the left needle to the right needle. Move the yarn to the back. Slip the stitch back from the right needle to the left needle. Move the yarn to the front. Turn and continue.

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Shell

CO 240 (252, 268, 292, 320) sts. Pm and join in the round being careful not to twist stitches.

Hem

Rnd 1-6: knit
Rnd 7: Work fold stitch
*repeat rnds 1-7 twice more for a total of 3 folded repeats
Place Side Marker Rnd: k120(126,134,148,160) sts, pm, k120 (126,134,148,160)sts

Body
Establish Lace Detail

Rnd 1: k48 (51,55,62,68) sts, k2tog, yo, k20, yo, ssk, k to end of rnd
Rnd 2 and all even rnds: knit
Rnd 3: k to 2 sts before previous yo, k2tog, yo, k to previous ssk, yo, ssk, k to end of rnd

Continue rnds 2-3 until garment measures 14" (14 ½ ", 15",15 ½ " 16")

**when you have the lace repeats go up to the bgn rnd and side makers, slip markers accordingly to keep 120 (126,134,148,160) sts for front and back. The lace detail will continue on the back side there after until you separate for the arms **

Separate for arm holes and work front first

Front

Row 1: k1, m1r, k to 1 st before marker, m1l, k1
Row 2 and all ws rows: purl
Repeat Rows 1-2: 2 (2, 3, 3, 4) more times ending with 126 (132,142,156,170) sts

Work 32 (36,40,40,44) rows of st st

Start Right Neck Shaping

Row 1: k48(50,52,56,60), bo 30(32,38,44,50) k to end
Row 2 and all ws: purl

Dec as fol:
Bo 4 at BOR on RS, k to end 2 (2,2,3,3) times. 40 (42,44,44,48) sts remain
Bo 2 at BOR on RS, k to end 1 (1,1,1,2) times. 38 (40,42,42,44) sts remain
K1, Ssk, k to end 2 (2,2,2,2) times. 36 (38, 40, 40, 42) sts remain

Work 20 (20, 26, 26, 30) rows of st st

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Right Front Shoulder Shaping

Row 1: k25 (27,29,29,31) wrap st, turn
Row 2: purl
Row 3: k17 (19,21,21,23) wrap st, turn
Row 4: purl
Row 5: k9 (11,13,13,15) wrap st, turn
Row 6: purl
Row 7: knit picking up the wraps as you come to them and knitting them together with the stitch they wrap.
Row 8: purl
Row 9: knit
Row 10: purl
Row 11: folded stitch pattern
Riw 12: purl

Place Remaining sts on stitch holder or waste yarn

Left Neck Shaping

Join on WS row working first dec

Knit all RS Rows and Dec as fol:
Bo 4 at BOR on WS, p to end 2 (2,2,3,3) times. 40 (42,44,44,48) sts remain
Bo 2 at BOR on WS, p to end 1 (1,1,1,2) times. 38 (40,42,42,44) sts remain
P1, p2tog, p to end 2 (2,2,2,2) times. 36 (38, 40, 40, 42) sts remain

Work 20 (20, 26, 26, 30) rows of st st

Left Front Shoulder Shaping

Row 1(WS): p25 (27,29,29,31) wrap st, turn
Row 2: knit
Row 3: p17 (19,21,21,23) wrap st, turn
Row 4: knit
Row 5: p9 (11,13,13,15) wrap st, turn
Row 6: knit
Row 7: purl picking up the wraps as you come to them and purling them together with the stitch they wrap.
Row 8: knit
Row 9: purl
Row 10: knit
Row 11: purl
Row 12: folded stitch pattern
Row 13: purl

Place remaining sts on stitch holder or waste yarn

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Back

Join yarn on RS at right armhole

Row 1: k1, m1r, k to 1 st before marker, m1l, k1
Row 2 and all ws rows: purl
Repeat Rows 1-2: 2 (2, 3, 3, 4) more times ending with 126 (132,142,156,170) sts

Work 34 (38,42,42,46) rows of st st

Back Neck Pleat

Row 1: k47 (50,55,62,69), slip 8 sts on cbn and hold to front, *k2tog 1 st from cbn with 1 st from right needle* 8 times, slip 8sts on cbn and hold to back, *k2tog 1 st from cbn with 1 st from right needle* 8 times, k47 (50,55,62,69). 110 (116,126,140,154) sts remain
Row 2: Purl
Row 3: k42 (44,46,50,54), BO 26(28,34,40,46), k42 (44,46,50,54)

Right Back Neck Shaping

Purl all WS rows and Dec as fol:
Bo 2 at BOR on WS, p to end 2 (2,2,3,4) times. 38 (40,42,44,46) sts remain
P1, p2tog, p to end 2 (2,2,3,4) times. 36 (38, 40, 40, 42) sts remain

Work 4 (4, 6, 6, 6) rows of st st

Right Back Shoulder Shaping

Row 1: k25 (27,29,29,31) wrap st, turn
Row 2: purl
Row 3: k17 (19,21,21,23) wrap st, turn
Row 4: purl

Right Back Shoulder Shaping (continued)

Row 5: k9 (11,13,13,15) wrap st, turn
Row 6: purl
Row 7: knit picking up the wraps as you come to them and knitting them together with the stitch they wrap.
Row 8: purl
Row 9: knit
Row 10: purl
Row 11: folded stitch pattern

Place Remaining sts on stitch holder or waste yarn

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Left Back Neck Shaping

Join on WS row working first dec

Knit all RS rows and Dec as fol:
Bo 2 at BOR on WS, p to end 2 (2,2,3,4) times.
38 (40,42,44,46) sts remain
P1, p2tog, p to end 2 (2,2,3,4) times. 36 (38, 40, 40, 42) sts remain

Work 4 (4, 6, 6, 6) rows of st st

Left Back Shoulder Shaping

Row 1(WS): p25 (27,29,29,31) wrap st, turn
Row 2: knit
Row 3: p17 (19,21,21,23) wrap st, turn
Row 4: knit
Row 5: p9 (11,13,13,15) wrap st, turn
Row 6: knit
Row 7: purl picking up the wraps as you come to them and purling them together with the stitch they wrap.
Row 8: knit
Row 9: purl
Row 10: folded stitch pattern
Row 11: purl
Place remaining sts on stitch holder or waste yarn

Shoulder Seams

Place left front and left back sts on needles. Kitchener stitches together to create a seamless join. Do the same for the right shoulders

Sleeve Trims *(do for both sleeves)*

Using DPN, pick up and knit 72 (78, 84, 84, 92) stitches

Begin Folded Trim
Rnd 1-6: knit
Rnd 7: Work fold stitch
*Rep. Rows 1-7 twice more. BO all stitches

Collar

Starting on the left front shoulder and using 24" circular needles, pick up and knit 21 (23,25,29,33) along the left front, 30(32,38,44,50) along front BO, 21 (23,25,29,33) along right front, 12 (14,18,20,24) sts along right back, 26(28,34,40,46) along back BO, 12 (14,18,20,24) along left back and join in the rnd. Pm to for beginning of rnd. Total of 122 (134,158,182,210) sts.

Begin Folded Trim
Rnd 1-6: knit
Rnd 7: Work fold stitch
*Rep. Rows 1-7 twice more. BO all stitches

Finishing

Weave in ends. Steam or wet-block to finished measurements.

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ABBREVIATIONS

BOR: Beginning of round
BO: Bind off
CBN: Cable Needle
Dec: Decrease
DPN: Double Pointed Needles
K: Knit
K2tog: Knit 2 stitches together
M1R (make 1 right slanting): Insert LH needle from back to front under horizontal strand between stitch just worked and next stitch, knit lifted strand through the front loop (1 stitch increased).
M1L (make 1 left slanting): Insert LH needle from front to back under horizontal strand between stitch just worked and next stitch, knit lifted strand through the back loop (1 stitch increased).
P: Purl
P2tog: Purl 2 stitches together
Pm: place marker
Stockinette Stitch (St st): Knit every round or knit all right sides and purl all wrong sides.
Sts: Stitches
Yo: Yarn over

SCHEMATIC

Shoulder: 5.4 (5.7, 6, 6, 6.3) in or 13.7 (14.5, 15.3, 15.3, 16)

Armhole: 10.5 (11, 13, 13.5, 15) in or 26.7 (28, 33, 34.3, 38)

Length: 14 (14.5, 15, 15.5, 16) in or 35.5 (36.8, 38.1, 39.4, 40.6) cm

Circumference: 36 (38, 40, 44, 48) inches or 91.4 (96.5, 101.6, 111.8, 212.9) cm